

February 19, 2020

FOR IMMEDIATE RELEASE

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**ST. STEPHEN'S EPISCOPAL CHURCH
TAKING IT TO THE TRAIN STATION
WITH ASHES TO GO**

MILLBURN, NJ. Ash Wednesday, marks the first day of Lent, the season when Christians prepare for the celebration of Easter. On Ash Wednesday, Christians typically attend services at their local churches where they receive a blessing of ashes as a sign of penitence, grace and relationship with God. However, many commuters are not able to attend daytime services, so the Episcopal Church will be coming to them.

For the second year in a row, Rev. Paula Toland of St. Stephen's Episcopal Church in Millburn, will be distributing ashes to people on their way to work at the Millburn train station. She will be at the station on Wednesday, February 26, 2020 from 6 AM to 8:15 AM. Ashes to Go is a liturgical outreach ministry that allows busy commuters to share in God's grace. Rev. Paula says, "In the midst of the hustle and bustle of our busy lives, it is important to pause and be reminded that we are part of something more than just our daily routines, our jobs, the tasks of daily living. With Ashes to Go we are reminded that God is alive and present in and through all things, and that being loved by God is not limited to a church building or faith community. It is, paradoxically, both humbling and empowering. It is grace."

St. Stephen's Episcopal Church, located at 119 Main Street, will also be hosting regular Ash Wednesday services at 12 noon and 7:30 PM.

For more information about St. Stephen's Episcopal Church, visit their website <http://ststephensmillburn.org/>, or follow them on Facebook and Instagram.

For more information about Ashes to Go, visit <https://ashestogo.org/>.